Name of event: Wilsonian Sailing Club 2020
Inclusive Sunday dates: 2 January 2020 – 1 January 2021
Organising authority: The Sailing Committee of the Wilsonian Sailing Club (WSC) Hoo, Kent

SAILING INSTRUCTIONS

1. Rules
1.1 This event will be governed by the rules as defined in the "The Racing Rules of Sailing 2017-2020".
1.2 The prescriptions of the RYA will apply.
1.3 Racing Rules 29.1, 29.2 and 40 will be changed as follows:

29.1 Insert new second sentence: The sound signal accompanying the display of flag X will only be made for boats sailing from behind the line to the on-course side. Boats not yet afloat, but on the course side of the line will not be warned that they are over the line at the start signal.

29.2 General Recall and Race Signals First Substitute are amended as follows. When a fleet has a General Recall the First Substitute will be displayed, with two sound signals, for up to four minutes, but not later than one minute before any later starting signal, whichever is earlier, when it will be removed without a sound signal. The start of the recalled fleet will be postponed until five minutes after the last valid fleet start in the sequence (end of queue). If more than one fleet in the sequence has a General Recall, then the recalled fleets will start in their original sequence.

40 will be changed as follows: Whilst afloat competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment.

1.4 Boats shall be sailed using their own class sail number, unless prior consent has been obtained from the organising authority.
1.5 Yardsticks will be as allocated by the WSC Sailing Committee "WSC Number". Where no number is allocated, a boat will be allocated a trial number, which will be posted on the official notice board.
1.6 This event is held on a navigable river and ships or other large vessels have right of way. If a ship/vessel is being escorted, no competitor shall sail between the guard boat displaying a naval numeral "zero" and the ship/vessel it is escorting. Any competitor passing between the guard boat and escorted ship/vessel shall be disqualified without a hearing. Boats shall not obstruct the fairway.

1.7 Other than Committee boat, craft engaged in race management will display international code flag numeral "nine". Failure to display will not constitute grounds for redress.

2. Eligibility and Entry
2.1 These events are open to WSC members and their guests (as defined in Rule 25 of "Rules of the Club"). Eligible boats shall be monohull dinghies, whose overall length does not exceed 5.5m, with a Portsmouth Yardstick equal to or less than a Mirror, unless by special dispensation of the Sailing Committee. Optimist dinghies are eligible for Junior's Cup and Handicap Slow/Junior "S/J" events only.

2.2 Ladies' Cup - only female helms eligible.
2.3 Juniors' Cup - helms under 18 years of age on 1st November of this year are eligible.
2.4 Masters' Cup - helms over the age of 60 years on 1 January of this year are eligible.

2.5 Scratch Series - open to all comers.
2.6 Boats will be eligible to race in one of the following handicap fleet series events:
Handicap "F" (Fast), recommended for boats with a WSC Number of 970 or less.
Handicap "M" (Medium), recommended for boats with a WSC Number of 971 to 1119.
Handicap "SJ" (Slow/Junior), recommended for boats with a WSC Number of 1120 or more or Junior Members as eligible in 2.3

Handicap fleet series sailors have the option of sailing in the handicap fleet of their choice and are encouraged to join the fleet they feel is most appropriate, but if sailing in a fleet where their boat falls outside of the recommended handicap boundaries they shall have no influence on the course set and will have no recourse if they finish outside the time limit.

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3. Notices to Competitors
3.1 Notices to competitors will be posted on the Official Notice Board, which is located on the landward side of the WSC race box.

4. Changes to Sailing Instructions
4.1 Any changes to these instructions will be posted on the Official Notice Board, at least 15 minutes prior to the warning signal for any race that it affects and at least 30 minutes if the race has a committee boat start.

5. Signals made Ashore
5.1 Signals made ashore will be displayed at the race box.
5.2 Flag boards or lights, corresponding to the equivalent flag, may be displayed at the race box in lieu of flags.
5.3 Flag A with two sound signals (and one when lowered) means "No boat shall go afloat until this signal is lowered. The first warning signal will be made not less than 15 minutes after flag A is lowered".
5.4 Flag H with two sound signals (one when lowered) means "the warning signal will be made not less than 15 minutes after flag H is lowered".

6. Schedule of Races
6.1 Races are scheduled on the dates as shown in the "WSC Sailing Programme". The Medway Regatta is not covered by these Sailing Instructions.
6.2 The scheduled time(s) of the Warning Signal(s) and fleet flag(s) is/are:

<table>
<thead>
<tr>
<th>Fleet Series (when time is BST)</th>
<th>am</th>
<th>pm</th>
<th>Flag</th>
</tr>
</thead>
<tbody>
<tr>
<td>Handicap &quot;F&quot; Start 1</td>
<td>10:55</td>
<td>13:25</td>
<td>&quot;K&quot;</td>
</tr>
<tr>
<td>Handicap &quot;M&quot; Start 2</td>
<td>11:00</td>
<td>13:30</td>
<td>&quot;T&quot;</td>
</tr>
<tr>
<td>Class Start (inc. 2000s) Start 3</td>
<td>11:05</td>
<td>13:35</td>
<td>&quot;2000&quot;</td>
</tr>
<tr>
<td>Handicap &quot;S&quot;/Junior Start 4</td>
<td>11:10</td>
<td>13:40</td>
<td>&quot;F&quot;</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fleet Series (when time is GMT)</th>
<th>am</th>
<th>pm</th>
<th>Flag</th>
</tr>
</thead>
<tbody>
<tr>
<td>Handicap &quot;F&quot; Start 1</td>
<td>10:25</td>
<td>N/A</td>
<td>&quot;K&quot;</td>
</tr>
<tr>
<td>Handicap &quot;M&quot; Start 2</td>
<td>10:30</td>
<td>N/A</td>
<td>&quot;T&quot;</td>
</tr>
<tr>
<td>Class Start (inc. 2000s) Start 3</td>
<td>10:35</td>
<td>N/A</td>
<td>&quot;2000&quot;</td>
</tr>
<tr>
<td>Handicap &quot;S&quot;/Junior Start 4</td>
<td>10:40</td>
<td>N/A</td>
<td>&quot;F&quot;</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Warm-Up Series</th>
<th>am</th>
<th>pm</th>
<th>Flag</th>
</tr>
</thead>
<tbody>
<tr>
<td>One course Start 1</td>
<td>10:25</td>
<td>ASAP after lunch</td>
<td>&quot;K&quot;</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Frostbite Series</th>
<th>am</th>
<th>pm</th>
<th>Flag</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long course Start 1</td>
<td>10:25</td>
<td>ASAP after lunch</td>
<td>&quot;K&quot;</td>
</tr>
<tr>
<td>Medium course Start 2</td>
<td>10:30</td>
<td>ASAP after lunch</td>
<td>&quot;T&quot;</td>
</tr>
<tr>
<td>Lapping course Start 3</td>
<td>10:35</td>
<td>ASAP after lunch</td>
<td>&quot;F&quot;</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Club Series Events</th>
<th>am</th>
<th>pm</th>
<th>Flag</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commodore's Trophy PY 971 and higher</td>
<td>10:55</td>
<td>N/A</td>
<td>&quot;T&quot;</td>
</tr>
<tr>
<td>Bosun's Trophy</td>
<td>11:10</td>
<td>N/A</td>
<td>&quot;F&quot;</td>
</tr>
<tr>
<td>Commodore's Trophy PY 970 or less</td>
<td>11:25</td>
<td>N/A</td>
<td>&quot;K&quot;</td>
</tr>
</tbody>
</table>

The following races will start ASAP after lunch but not before 14:00
- Scratch: 13:55 or later "K"
- Juniors' Cup, Ladies' Cup, Masters' Cup & Novices/Improvemrs: 14.00 or later "T"
**One-Off Races**

- Ice Breaker  see Sailing Programme for start times.  
- South Kent  see Sailing Programme for start times.

*The South Kent race is one race using 6 starts at 15 minute intervals, competitors choose which start to use and competitors elapsed time is used to calculate their position.*

- Pursuit Races  see Sailing Programme for start times.

*Each competitor is given a start time, additional instructions will be available on the day.*

- Jon Yeo Evening Race  see Sailing Programme for start times.
- Creeks Race  see Sailing Programme for start times.

*This race uses a staggered start sequence, intended to equalise the course for all boats*

- 3-Race Regatta  see Sailing Programme for start times.

*Additional instructions will be available on the day.*

- Leigh Trophy Race  see Sailing Programme for start times.

*This race uses a staggered start sequence, intended to equalise the course for all boats*

- Laying-Up Cup  see Sailing Programme for start times.  
- Chilly Willies  see Sailing Programme for start times.  

Flag  "K"

6.3 The afternoon race shall start no sooner than 45 minutes after the last finish of the morning race. This may mean that the afternoon race start for ALL fleets MUST be postponed.

7. Courses

- 7.1 The racing area will be as shown on the Official Notice Course Board.
- 7.2 The order in which marks are to be passed for each scheduled race and the side on which each mark is to be left will be displayed on the Official Notice Board prior to the warning signal of each race.

8. Marks

- 8.1 The marks of the course will be made up from some or all of the following: -
  - A) Fixed position navigation buoys, green coloured odd numbered, red coloured even numbered. The South Yantlet Creek buoys, red & white in colour and numbered one to four. The Otterham Fairway buoy, red & white in colour with a red spherical top-mark. The Hoo Ness West Cardinal buoy, yellow & black in colour.
  - B) Fixed position racing marks identified as MYA1, MYC4, and Autumn Buoy, which are orange coloured drums, MYC 2 Yellow coloured drum, Police boat mooring buoy Princess Alice III (PAIII) Beacons No 1 and No 3.
  - C) WSC inflatable racing marks, orange in colour numbered 1, 2, 3 & 4
  - D) Additional marks as identified on the course board may be used.

9. Areas that are Obstructions

- 9.1 Folly Point and Darnett Fort beacons are obstructions, when passing Folly Point beacon, it shall be passed to the south and Darnett Fort beacon shall be passed to the north.

10. The Start

There is an automatic starting system with lights and automatic timing, but some Race Officers continue to use the boards which simulate the flags that are used in championship events. This table describes both.

<table>
<thead>
<tr>
<th>Minutes before start</th>
<th>Visual Signal</th>
<th>Meaning</th>
<th>Sound Signal</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Red Light - on Fleet Flag</td>
<td>Warning signal</td>
<td>one</td>
</tr>
<tr>
<td>4</td>
<td>Blue Light - on Blue Peter Flag</td>
<td>Preparatory signal</td>
<td>one</td>
</tr>
<tr>
<td>1</td>
<td>Blue Light - off Blue Peter Flag removed</td>
<td>One minute</td>
<td>one</td>
</tr>
<tr>
<td>0</td>
<td>Green Light - on</td>
<td>Start</td>
<td>one</td>
</tr>
</tbody>
</table>
10.1 The red light will flash in the last 10 seconds before the start. There are 6 green lights, one for each fleet with two spares.
10.2 Races will be started by using the signals above and the sequence is repeated for each fleet, as necessary. In the event of a General Recall an extra start sequence will be used AFTER ALL OTHER FLEETS HAVE STARTED. In the event of more than one fleet suffering a General Recall restarts will follow the original order but with no gaps for successfully started fleets. This replaces rule 26.
10.3 In fleet and club series events - The warning signal for each succeeding fleet shall be made with or after the starting signal of the preceding fleet.
10.4 Other than when a committee boat is to be used the starting line will be the Wilsonian Sailing Club line, which is an extension of an imaginary line through the two white posts with triangular top marks, one of which is behind and one in front of the Race Box. The White Mark on the south shore does not form part of the line.
10.5 The starting line may be used in either an upstream or downstream direction depending on the course set for each race.
10.6 In Fleet Series and the Frostbite Series. If the Fast Fleet will be starting in the upstream direction, they will start last. Thus their start will be delayed by 20 minutes.
10.7 When a committee boat start or start/finish is to be used, an orange flag will be displayed at the race box. The start/finish line will be between the mast of the committee boat displaying an orange flag and the nearby pin-end mark. The location and description of the committee boat start/finish lines, along with a description of the pin-end mark, will be described along with the rest of the course on the Official Notice Board.
10.8 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
10.9 A boat starting later than 4 minutes after her starting signal will be recorded Did Not Start without a hearing. This changes rules A4 and A5.

11. The Finish
11.1. The finishing line description and use is as starting line, see 10.3, 10.4 and 10.5 above.

12. Shortened Courses
12.1 When courses are being shortened at the starting/finishing line and to indicate the fleet(es) is/are being finished in a downstream direction, a Red flag board will be displayed with flag S. This is only applicable to courses with an upstream mark.
12.2 For the purposes of RRS 32.2(a) only, all marks shall be considered to be rounding marks.
12.3.1 When flag C and S are displayed at a rounding mark, the shortened course shall be from the rounding mark directly back via the main river channel to the finish line at the Wilsonian Sailing Club line. Sailing Instruction 9.1 shall continue to apply.
12.3.2 Boats shall pass within three boat-lengths of the mark at which the course is shortened.

13. Time Limits
13.1 The time limit in each fleet in handicap events, and in each race in club series events, except the Frostbite Series, will be 14:00 for a.m. races and 18:00 for p.m. races for the first boat; if this time limit is not met in a given fleet or race then all boats "Checked-Out in accordance with Sailing Instruction 16.1" in that fleet or race, respectively, shall score as DNF without a hearing. If the first time limit is met in a given fleet or race, "Checked-Out" boats not finishing by 14:00 or 18:00 respectively in that fleet or race, respectively shall be scored DNF.
This changes rules 35, A4 and A5.
13.2 The time limit for the Frostbite Series will be 13:00 for a.m. races and 16:30 for p.m. races for the first boat in each fleet; if this time limit is not met in a given fleet then all boats "Checked-Out in accordance with Sailing Instruction 16.1" in that fleet shall score as DNF without a hearing. If the first time limit is met in a given fleet, "Checked-Out" boats not finishing by 13:00 or 16:30 respectively in that fleet shall be scored DNF.
This changes rules 35, A4 and A5.

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13.3 The time limits for the Frostbite Series races may be brought forward at the discretion of the Race Officer in cases of anticipated low light levels.

14. Protests and requests for Redress
14.1 Protests forms will be available from the WSC Chief Duty Officer CDO. Protests and requests for redress or reopening shall be returned to the CDO within 45 minutes of the last boat's finish time in that race, unless the Protest Committee sees good reason to extend the protest time limits.
14.2 Protests will be heard in an order decided by the Protest Committee and as soon as practicable.

15. Results and Scoring
15.1 Race results will be calculated using each boat's corrected finish time;
Corrected time = (Time on the course / WSC Number) * 1000
15.2 Average lap race results will be calculated;
Average lap time (A.L.T.) = Time on the course / number of rounds completed
Corrected average lap time = (A.L.T. /WSC Number) *1000
However, no boat will be penalised for completing additional laps to others in the same fleet or a boat with a lower WSC Number.
15.3 The number of races to count for series events shall be half the number of races held, half numbers being rounded down, plus one. Each boat's series score will be the total of her race scores, with her worst scores discarded if more races than the required number to count have been completed. This does not apply to the junior helm Fallout Trophy, which uses its own scoring system. For the Three Race Regatta all races held shall count.
15.4 DNC shall be scored the maximum number of entrants in any one race of the series plus two points. This changes Racing Rule A4.2
15.5 If a helm changes boats within the same fleet, including use of different rigs e.g. Laser/Laser 4.7/Laser Radial or RS Vareo with or without spinnaker, points will be carried forward, but the handicap used will be for the lowest WSC number. If a helm changes boats to a different class each boat will be regarded as a separate entry, unless approval is obtained from the Sailing Committee.
15.6 For a boat to be counted in any Series final result, she must have started or been scored OCS in more than 30% of the number of races held for that event.
15.7 Races will retain their identifying number as published in the "WSC Sailing Programme and Duty List for that year".

16. Safety Regulations
16.1 All boats must Check-Out before each race, on the "Race Safety Sheets" provided at the Official Notice Board. Boats not Checking-Out shall be scored "DNS".
16.2 All boats must Check-In after each race on the Race Safety Sheets provided at the Official Notice Board.
16.3 Boats not starting, not finishing or retiring after finishing shall enter "DNF" or "RET" as applicable against their name on the Race Safety Sheet.
16.4 Checking-in must be made within half an hour of finishing on the club line or at the earliest opportunity when finishing at a Committee Boat, and before submitting any protest. Boats not checking-in within this time limit shall be scored "DNF".

17. Collisions with moored boats
17.1 Any collision with a moored boat must be reported to the Race Officer, CDO or their deputies within 30 minutes of coming ashore.
17.2 Failure to report such a collision will result in the boat being scored "DSQ" without redress.

18. Equipment and measurement checks
18.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

19. Rubbish disposal

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19.1 Boats shall not put rubbish in the water. Rubbish may be placed in the bins in dinghy compound.

20. Radio Communication
20.1 Except in an emergency a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction includes cellular telephones.

21. Prizes
21.1 Perpetual and Keepsake prizes will be awarded for fleet and club series events and one-off races, excluding scratch races. The number of places receiving Keepsake prizes will be based on the 'square root' of the series/one-off race entry, rounded up to the nearest whole number. The Sailing Committee may allocate additional prizes during the season.
21.2 The South Kent Trophy will only be awarded if the South Kent buoy is rounded and the race is neither abandoned nor shortened.
21.3 Separate prizes will be awarded to Juniors racing with the Handicap "SJ" Fleet.
21.4 Crundwell Trophy - presented to the first helm over 65 years of age on 1st March of the year in question in either Commodore's or Bosun's Series. In the event of a tie the Commodore's series takes precedence.
21.5 Bob Dutton Trophy - presented to the first junior helm (as defined in 2.3 above) in the Commodore's or Bosun's Series. In the event of a tie the Commodore's series takes precedence.
21.6 Gun Wharf Trophy - presented to the person who has helmed the greatest number of Fleet Points Series races.
21.7 Fallout Trophy - awarded to a Junior helm (as defined in 2.3 above) on a cumulative points system from races on Junior Training Days.
21.8 Championship Series - each boat's scores from "Ice Breaker, South Kent, Evening Race, Creeks Race, Three Race Regatta, Leigh Trophy and Laying up Cup", with two discards will be used to calculate the Champion.
21.9 Perpetual prizes will be presented at the Annual Dinner & Dance; keepsake prizes will be presented at fleet evenings.
21.10 Merlin Trophy: Awarded to the club Member who, in the opinion of the Sailing Secretary & Commodore, has displayed outstanding achievement, endeavour or perseverance, or a combination of all three.
21.11 John Yeo Trophy - presented to the first helm in the Saturday Evening Race.

22. Risk Statement
22.1 Rule 4 of the RRS states "The Responsibility for a boat's decision to participate in a race or continue racing is his/hers alone."
22.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.

23. Insurance
23.1 Each participating boat shall have adequate third-party liability insurance

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